

Growth Mindset

At St Nicholas C of E VA Primary School, we know that pupils who have a positive attitude towards their learning will make good progress and be successful. Consequently, instilling all our pupils with 'growth mindsets' has become a key priority for the school. We are introducing the theories of Dr Carol Dweck to staff and pupils and are determined to embed its ideas within our school ethos. Carol Dweck and her research has identified the characteristics of learners with a fixed and a growth mindset:

We want all our pupils to develop a growth mindset, to relish challenges and embrace their mistakes as part of the learning process, value the importance of effort, respond carefully to feedback and take inspiration from others. This will help them to achieve, not only with us, but also in their future lives as adults.

Key aspects of growth mindset at St Nicholas School:

- We celebrate making mistakes – we can learn from them;
- We never give up – perseverance is the key if we are to succeed;
- We learn from each other;
- We don't compare ourselves with others;
- We challenge ourselves and take risks;
- We remember that our brains are making new connections and growing all the time.
- We use the phrase 'I can't do it YET!'

The power point presentation explains it well!

For further information on how to encourage confident and resilient learners at home, have a look at some of the links below.

<https://www.mindsetworks.com/parents/growth-mindset-parenting>

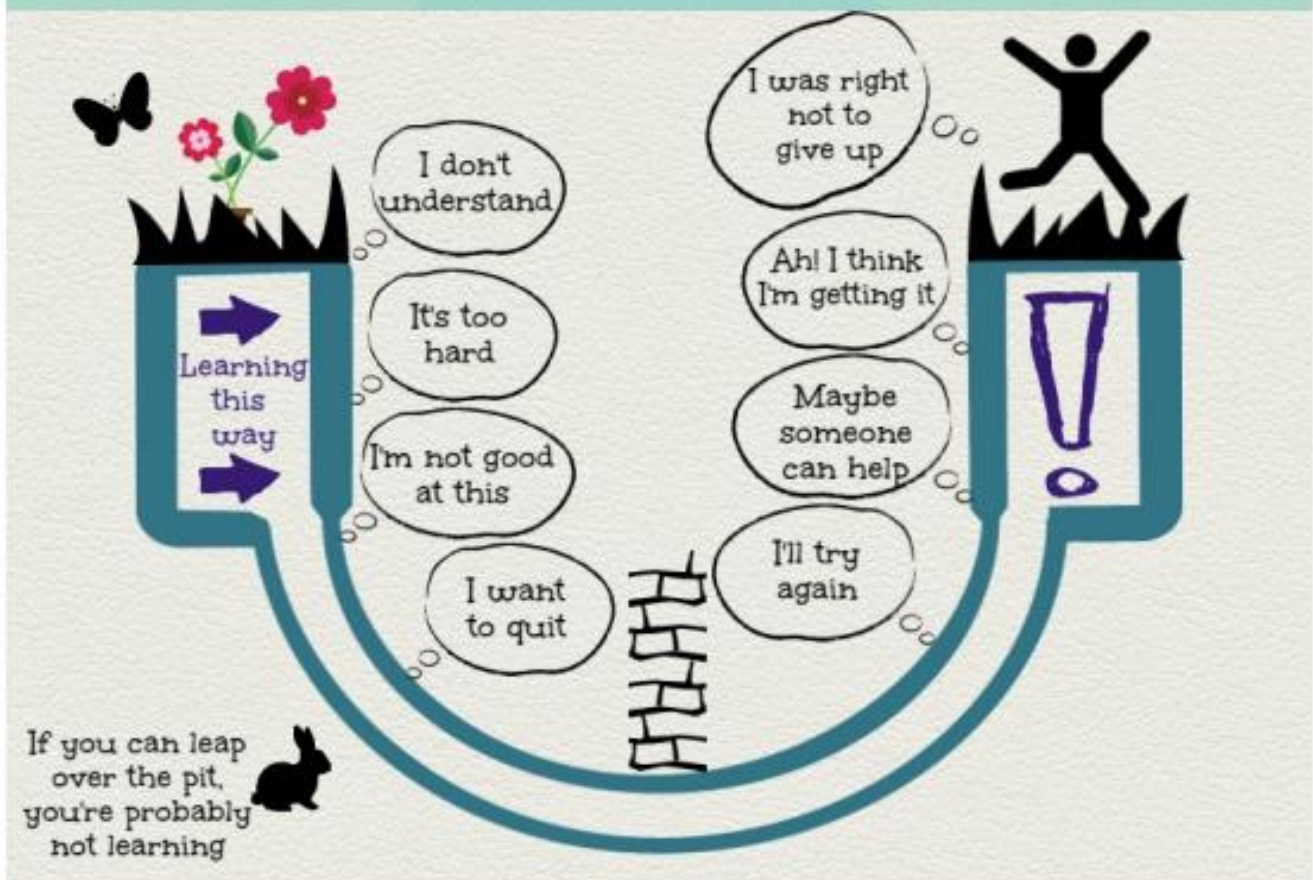
<https://www.oxfordlearning.com/growth-mindset-tips-for-parents/>

<http://www.bbc.co.uk/cbeebies/grownups/help-your-child-try-new-things>

How learning can feel

This is what learning feels like

The Learning Pit



🔧🔨 Use your qualities and your talents

🔧🔨 Believe that you will always be able to improve

🔧🔨 Don't be afraid to make mistakes



🔧🔨 Have the guts to face challenges

🔧🔨 Remember that learning is done one step at a time

🔧🔨 Do your best for the goals you want to achieve

🔧🔨 Don't give up when the going gets tough

🔧🔨 Set goals and make a proper plan

🔧🔨 Ask for help when it is necessary

Posters you will see around school

